

9-26-2012

Easterner, Vol. 64, No. 1, September 26, 2012

Associated Students of Eastern Washington University

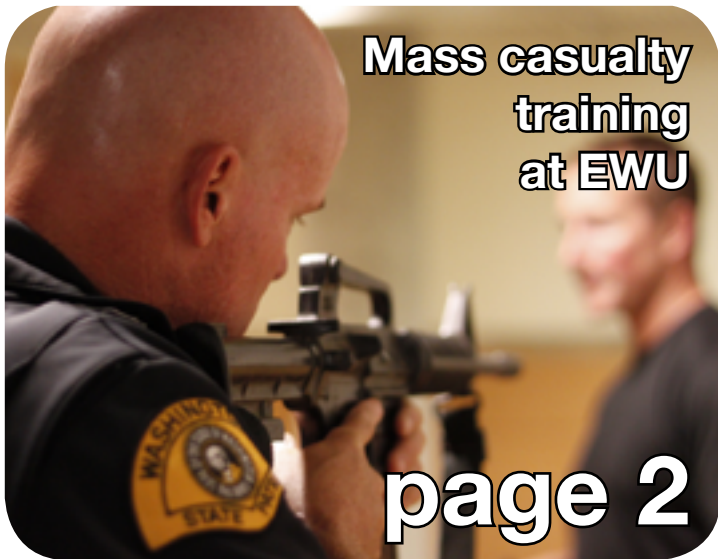
Follow this and additional works at: https://dc.ewu.edu/student_newspapers

Recommended Citation

Associated Students of Eastern Washington University, "Easterner, Vol. 64, No. 1, September 26, 2012" (2012). *Student Newspapers*. 778.

https://dc.ewu.edu/student_newspapers/778

This Book is brought to you for free and open access by the Eastern Washington University Digital History Collections at EWU Digital Commons. It has been accepted for inclusion in Student Newspapers by an authorized administrator of EWU Digital Commons. For more information, please contact jotto@ewu.edu.



Mass casualty
training
at EWU

page 2



Welcome back,
students

page 8



Clip-and-save
football calendar

page 15

THE EASTERNER

Eastern Washington University

September 26, 2012

Volume 64, Issue 1

EasternerOnline.com

SNAP YOUR
DIGITAL COPY:



Use your smartphone's QR code reader to download your PDF copy of The Easterner.

Upcoming:

Neighbor Festival will be in the campus mall on Sept. 28 from 10 a.m. to 1 p.m. Check out campus and community groups and collect swag.

The Veterans Resource Center open house will be Sept. 28 from 12 to 3 p.m. All EWU military veterans, including students, faculty and staff are welcome to the new center, which is located in Showalter 122. Come enjoy food and good company, meet other veterans and see the resources that the center has to offer.

EWU Student Activities, Involvement and Leadership is sponsoring **Ignite Leadership** on Oct. 2 from 4 to 5:30 p.m. in Showalter Auditorium.

Romeal Watson will present on "Becoming the Hybrid Student: How to use volunteering/community engagement as a way to gain the best opportunities." for the **Sail Leadership Series** on Oct. 9 at 12 to 1 p.m. in Monroe 205.

In brief:

Spokane Transit Authority buses 66 and 68 have new routes as of Sept. 16. Changes were made to the routing of the 66 and 68 to take advantage of the Simpson Parkway extension currently under construction, according to STA Communication Manager Molly Meyer. Construction will be complete in early October.

"Most customers in Cheney will see no difference in commute, some will experience a slightly longer trip while others will experience a slightly shorter trip," said Meyer.

Changes on route 68 affect 300 to 350 boardings during school hours. The new schedule for route 68 allows for improved connections to route 66 at the PUB.

Betz Road, Washington Street and Simpson Parkway loop are serviced nights and weekends with no service on North 6th Street between Betz and Simpson. Meyer suggested any person who rides the 66 nights and weekends should consult the new schedule.

Sigma Nu status officially revoked

By Linsey Garrison
STAFF WRITER
garrisonlinsey@gmail.com

Sigma Nu has status officially revoked

The Sigma Nu fraternity has been placed on a three-year suspension following a university investigation.

A drug bust last January and an alleged sexual assault in May have led EWU's disciplinary council to make the decision to revoke the Sigma Nu fraternity's recognition status for three academic years.

According to Stacey Morgan Foster, EWU vice president of student affairs, the

investigation began after the university became aware of an incident involving unauthorized and unsafe activities.

"There were some behaviors that happened on an unauthorized trip. There was some concern about failing to comply with university rules, providing false information and creating an environment where there was abuse or harm of others," said Morgan Foster. "And that was their second encounter with the student disciplinary council last year."

A group of Sigma Nu members made an unofficial trip to British Columbia, Canada, in

May. While there one member was allegedly involved in a sexual assault. According to Morgan Foster, in addition to making the unauthorized trip, no one in the group contacted authorities about the assault.

This assault followed a drug bust in January that led to several members facing drug charges.

A noisy party and a woman's screams at a house on Normal Parkway caught the attention of neighbors on Jan. 15. The night ended with Cheney police obtaining a warrant to search the residence and, according to police reports, finding

stashes of cocaine, methamphetamine, marijuana, mushrooms, several guns and \$803 in cash. According to the investigating officer's statement, "virtually every room of the house had some kind of drug or drug paraphernalia in it."

According to police reports, officers arrested Sigma Nu members Andrew D. Tucker, Kyle A. Hubby and Joseph L. Welsh on charges of using a building for unlawful drug purposes.

A fourth renter of the house was also later identified as Kyle W. Hinshaw. According to police reports, Hinshaw was

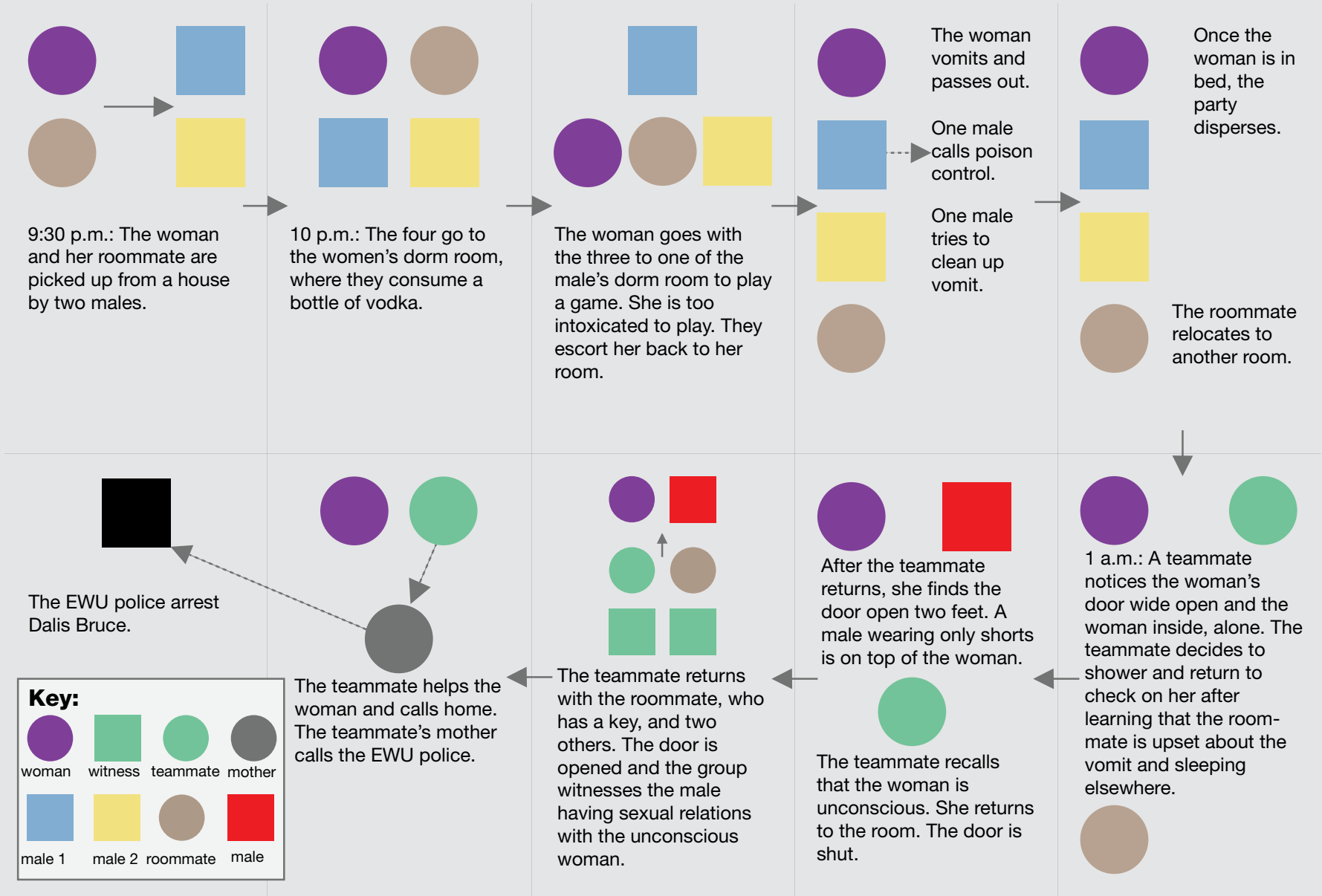
celebrating his birthday that night and when police arrived he claimed that he was not a resident. Hinshaw also faces charges of using a building for unlawful drug purposes.

Each of the Sigma Nu members and Kyle Hinshaw are scheduled for hearings in Spokane County Superior Court in October and November.

Morgan Foster said the EWU disciplinary council's decision to revoke the group's recognition comes with the approval of President Rodolfo Arévalo.

SIGMA NU-PAGE 3

Bruce awaits trial



Information from Superior Court documents, graphics by The Easterner

Incoming freshman charged with second degree rape in connection with Aug. 19 incident in Pearce Hall

By Jane Martin
NEWS EDITOR
easterner.news@gmail.com

Former EWU football player Dalis Bruce pleaded not guilty of rape in the second degree at his arraignment hearing on Sept. 10, at the Spokane County Superior Court. Bruce was arrested on Aug. 19, just three days after arriving in Cheney, according to court records.

Second degree rape includes a situation when a person engages in sexual intercourse with another person while the victim is incapable of consent by reason of being physically helpless or mentally incapacitated.

The alleged assault occurred sometime after 1 a.m. on Aug. 19, accord-

ing to court records, after a member of the EWU volleyball team had been drinking with her roommate and two members of the EWU football team for several hours in her room in Pearce Hall.

Records state that the woman and her roommate had been picked up by two members of the EWU football team from "an unknown volleyball house" around 9:30 p.m. on Aug. 18 and returned to the girls' room, where the four students played games and drank a fifth of vodka mixed with Gatorade.

One of football players admitted to furnishing the vodka, which the four of them drank together, according to court records.

The report states that he believed that the woman "was already under the influence of alcohol when he picked her up earlier and prior to her consuming the vodka he brought to her room."

According to the reports, between 10 p.m. and 12:26 a.m., the group went to the room of one of the football players in Pearce Hall to play Apples to Apples, but the woman was too intoxicated to play and was escorted back to her room where she began vomiting and collapsed on the floor.

One football player called the poison control hotline at around 12:26 a.m. because he thought the victim was suffering from alcohol poisoning while another tried to clean

up the vomit, according to court records.

The woman's roommate and friends went out and left the victim on her bed. At approximately 1 a.m., another member of the volleyball team noticed that the woman's door was wide open and saw that she was sleeping with no one else in the room, according to the affidavit of facts.

The teammate found the woman's roommate and went back to check on the woman, who was unresponsive when they tried to wake her.

The teammate told the roommate that she would be back to check on the victim after taking a shower. When she returned, the report states that she no-

ticed that the door was only open about two feet. The records state that she looked through the doorway and saw "only the lower half of two bodies on [the woman's] bed." The man, who was on top, was only wearing shorts at the time.

Court records state that the teammate testified to proceeding to another room "only to remember that [the woman] should be passed out, returned and found that the door was now shut and locked."

The teammate then found the woman's roommate and a couple of others to return with her to the woman's room, according to the report.

BRUCE-PAGE 3



EWU becomes combat zone

Multiple agencies collaborate to practice tactical skills for a mass casualty training in the Computer Engineering Building

Written by Jane Martin
NEWS EDITOR
easterner.news@gmail.com

Photos by Amy Meyer
EDITOR-IN-CHIEF
easterner.editor@gmail.com

A Mass Casualty Training exercise occupied the Computer Engineering Building Aug. 15 as first responders and emergency teams practiced the skills needed to respond to critical situations on campus.

Groups made up of trainees from EWU Police, Spokane County SWAT, Air Force, Cheney Police Department and Cheney Fire Department were sent into designated areas to deal with an array of realistic conflict scenarios.

Each scenario presented officers with unique challenges and feedback from evaluators who critiqued how each team performed under pressure.

While much of the training focused on preparing for extreme circumstances, Deputy Chief Gary Gasseling of EWU Police said that "the prevention aspect is, for us, the most important thing."

He added that the idea is to "train for the worst; expect the best."

At 5:30 p.m., Officer Bryan Dombos briefed 90 training participants at the Red Barn.

"Safety is the biggest thing on this," he said.

"If you see anything that's unsafe, if you see somebody doing something that's unsafe, let one of us know. I have a team of evaluators and we are all in reflective vests; please, let us know... King's X is the word for today. That means 'stop what you're doing, we have a real problem that we need to get figured out before anyone moves forward.'"

"When we get over [to the CEB], there's a checkpoint. ... When you go through, there's no brass, no ammo, no knives, no guns, no tasers. Nothing in your jockstrap or whatever."

Dombos explained that after a thorough search of anyone entering the building, a brightly colored band would be attached to each person's shoe or wrist.

"If you leave this scenario for any reason, that toe tag comes off," he said.

He added that to re-enter the building, everyone would be expected to go through the security checkpoint again and have a new band attached.

Once through the security checkpoint, trainees were given eye protection, realistic



assault rifles and pistols that fired small airsoft pellets or marking cartridges.

Training Sessions

Officers Peter Harral and Joel Reese played various parts as perpetrators of crimes as trainees practiced tactical skills and contained potentially fatal conflicts.

In one scenario, Harral and Reese engaged in an escalating verbal conflict while officers were instructed to intervene before the situation escalated. In this scenario, a knife was recovered from one of the two.

For another scenario, officers were sent in pairs to apprehend two men who appeared to be breaking into the CEB. One of the suspects was armed.

Visibility was limited and Harral and Reese did their best to distract officers and keep their attention divided.

During his team's run through the scenario, Officer Matt Mahan was struck in the left arm with a marking cartridge. The cartridge drew blood and left a round mark on his forearm.

"That would be a survivable hit," Gasseling said. He explained that a real shot would have exited through Mahan's elbow if actual bullets had been used.

After each team went through the scenarios, they were given feedback by evaluators as well as Harral and Reese.

Tom Barber, who does reality-based training for the EWU Police, said "The officers are performing above what we expect. We do a lot of training, so they are using it."

"This let's us practice learned behaviors one time

per year. They are doing just what they are supposed to be doing."

Other exercises included SWAT formation training and medical training for first responders.

Sergeant Mike Zollars of the Spokane County Sheriff's Office gave a short workshop to cross-train first responders for quick rescue basic skills.

Gasseling explained that this training is especially important because fire and medical teams are not able to enter a building until it has been secured. But during that time, people are in danger of bleeding to death if law enforcement and SWAT team members are not prepared to administer basic medical assistance.

Mass Casualties

The grand finale for the evening of training was a simulated crisis situation that included the rescue of a hostage, a bomb threat and a mass casualty scenario which took up most of the CEB.

Teams of first responders were sent in at the main floor and were required to secure each floor systematically, aiding victims and locating the hostage.

For this exercise, a group of student and staff volunteers had agreed to play victims and were made up with fake wounds to represent a wide range of injuries that first responders would have to evaluate and take care of if needed.

As teams entered the ground floor they were met with the screams of panicking victims taking cover behind tables. Others were lying unresponsive around the room.

The smell of gunpowder and the sounds of shots fired



from the upper floors was overwhelming.

After a few minutes, the sound of an explosion on an upper level had all the victims scrambling for cover and grabbing at the legs of officers, begging them for help.

Through it all, teams had to keep calm and stay focused on their objective.

Instant Command Center

On the third floor of the CEB, Campus Police had set up an operating instant command center which provided real-time communication between teams.

Detective Quincy Burns of EWU Police said that an IC Center can be set up "fairly close to immediately."

He added that a full IC Center can be up and running in 10 to 15 minutes, but until it is ready, an SUV is set up as a mobile command center within the first few minutes of activity.

"The biggest issue we've had [in past years] is communication. If you can't communicate, you can't get the help you need," Burns said.

"It's going very good," he said. "[Officers are] trying to get to victims faster than ever."



Top left: Cassie Bailey's screams lend realism to the simulated crisis.

Top right: Teams begin the search for the hostage. Center: Marking cartridges are much like paintballs, but have casings like bullets and deliver more sting on contact.

Above: Peter Harral took a hit to the facemask with a marking cartridge.

Bottom: Trainees receive instructions before entering a scenario.

Younger takes a hit for Mass Casualty Training

By Amy Meyer
EDITOR-IN-CHIEF
easterner.editor@gmail.com

Lesli Younger had an important role to play during this last month's training. She assisted with the setup of an instant command center, which she was well equipped to do as an employee for the Office of Information Technology at EWU.

During the earlier part of the evening, Younger worked with Cheney Po-

lice Chief John Hensley and Detective Quincy Burns in a classroom with computers on the second floor of the Computer Engineering Building.

After the training session, she volunteered for the staged incident by playing the part of a woman who had been taken hostage.

She and her "captor" hunkered down in a meeting room on the third floor under low lighting with a long table eventually

tossed to its side.

According to Younger, the participants had been split up into four different groups.

One group busted in on them and shouted instructions to Reese.

"He came in, he heard the guy's voice, he said, 'Throw away your knife, throw away your knife, drop your weapon.' And as soon as the bad guy dropped his weapon, the ... person charging in just started firing."

During the training, Younger was shot with an airsoft gun, and Joel Reese, who played the role of "bad guy," initially said she had been a victim of Stockholm Syndrome, but then added that it was more like "reverse Stockholm Syndrome." Instead of using Younger as a shield against the trainees pellets, Reese threw himself over the top of her to shield her from their fire.

Younger was hit in the side and welted. She

played it up during the incident, yelling to the participants that she had been hit. Later, she laughed about it, adding that next time she was involved, she would be wearing layers.

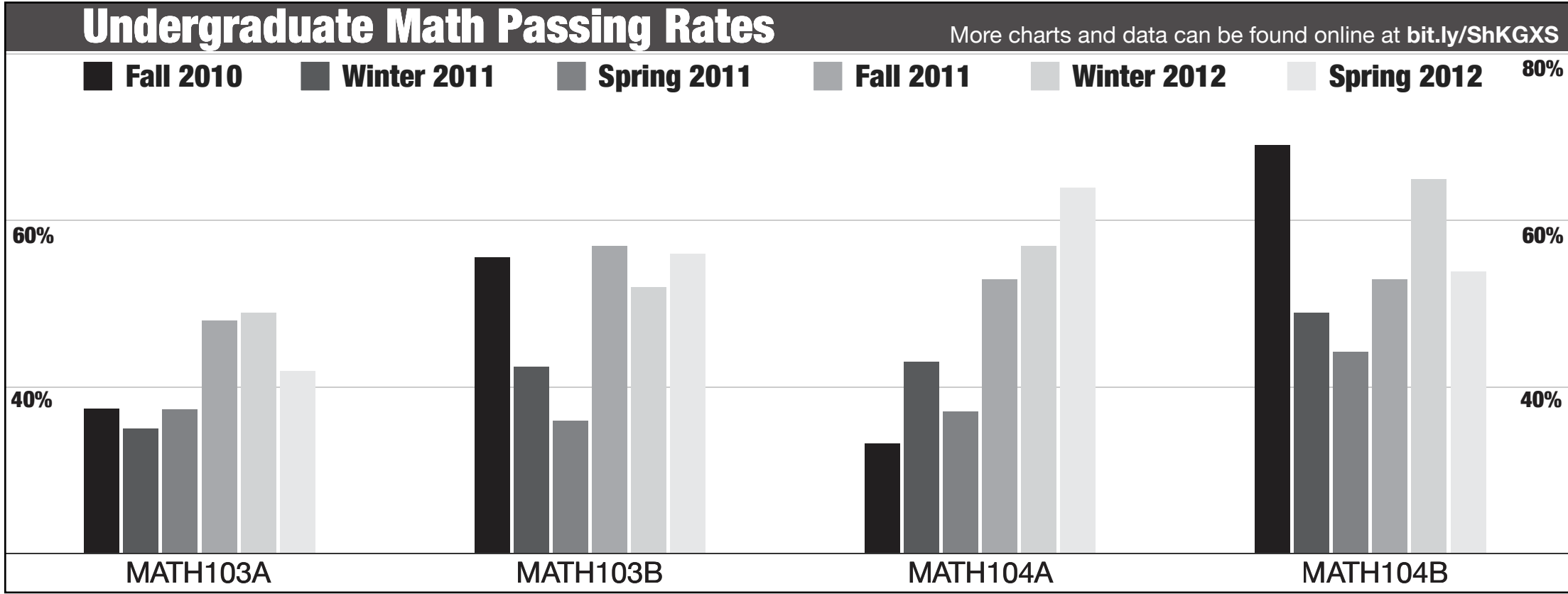
After police stormed the room and ended the "threat," they worked with the instant command center over their radios about how to get her out.

After this try, the instructor guided the group out of the room again and practiced it twice more.

The group did not fire at Reese or Younger again.

"It's really nice to see the other groups see EWU as a leadership entity. Not just as this is a university with security guards. This is an actual environment where real police professionals are here and they're setting the bar and actually raising the standards for this kind of work in the community."

It's a real good thing for Eastern to do," said Younger.



Comprehensive view of passing rates for 100-level undergraduate math classes from 2010 to 2012. More charts and data can be found at www.easterneronline.com

Easterner Graphics

Graduate program phases out



The university made the decision to no longer admit new students into the Master of Science in Mathematics graduate program last June.

The program was under review for elimination due to its low graduation rate.

Nine other graduate programs including music and computer science were also under the umbrella for review. A graduate program went under review if the program had an average of fewer than 10 graduates per year, according to Interim Vice Provost for Undergraduate Affairs Colin Ormsby.

Those programs were identified for further study.

If a proposal to reinstate the Master of Science in Mathematics graduate program was made to and approved by the Graduate Affairs Council, the decision would then be passed on to Provost Rex Fuller and then to President Arevalo for a final approval.

In 2009, the university underwent a two-year review of graduate program auditing.

According to Vice Provost for Graduate Affairs Ron Dalla the review began with 17 graduate programs. By the second review year, there were 15 programs remaining including mathematics.

Over a five-year period,

the Master of Science in Mathematics graduate program had an average graduation rate of 4.28 students, according to Ormsby. Thus, the program was eliminated as part of the review process.

The only graduate students remaining in the program are those continuing their second or third year.

According to Dalla, the department looked at things such as the overall cost, the cost to deliver the program and the regional need for the program. The enrollment growth at the undergraduate level was also taken into consideration.

"You have this many faculty [members] and the numbers of faculty, because of the budget situation, was remaining relatively constant whereas the number of students, particularly undergraduates, were increasing. So the question is, how do

you direct your resources to deliver the quality education at all levels? That was certainly something we looked at," Dalla said.

Over a five-year period, the Master of Science in Mathematics graduate program had an average of 19 students per year, according to Ormsby.

"It's really unfortunate," said senior Chloe Fowler. "It's not a student's fault if their program of interest has less than 10 people, but I understand that it's about budget and financing for the whole."

Fowler, a math and education major, plans to pursue a master's in mathematics after graduation.

As part of the revisions, graduate students will no longer teach developmental courses such as math 103 and math 104 due to a decline in graduate students, according

to Math Program Director Jane Lane. Instead, the department has hired four new instructors to teach pre-university level math courses.

In an effort to revise and improve the department, students taking math 103 will use a software program called "Aleks." The program will teach students the necessary skills and concepts they will need for the course.

"Aleks" is the web-based educational software equip with assessment learning in math.

The software assesses a student's knowledge and then determines what students need to tackle. The course is a 10-week long, five-credit class.

"The university has supported the department's efforts to redesign the developmental mathematics program, and has invested in a computer lab dedicated to

students enrolled in developmental mathematics," math department chair Barbara Alvin said.

Incoming students are still required to take the math placement test. Students who score within the Math 103 and Math 104 levels are placed in the "Aleks" courses.

"Students start learning where they need to be learning. Students progress at their own pace," said Lane. "The potential is that students could complete their content earlier than 10 weeks."

Alvin said, "Students who exhibit extraordinary difficulties will be identified and invited to complete the course using the "Aleks" software. ...We are very excited about the efforts they are making with the other faculty to develop a comprehensive program in developmental mathematics."

What are you thinking about?

LOOKOUT PASS

\$99 Skier ride

Reg. \$279. Save 60%!

College Students

Come experience
LEGENDARY POWDER

Order Online www.skilookout.com

Enter your promo code **EWUSTUDENT**
Offer ends October 31, 2012. Valid ID required.

208.744.1301 | 1-90 at the Idaho/Montana State Line

ASEWU gets focused for 2012-2013

Plan includes increased communication, more teamwork and accessibility



The ASEWU spent the summer creating a philosophy to help guide them to success during the 2012-2013 school year.

President Kaleb Hoffer said ASEWU plans to break broad goals down into projects that will be managed by ASEWU teams.

“Our plan is to build teams, more like action committees,” he said. “Rather than wasting all of our re-

sources with everyone working on every goal together, we’d rather break it apart into groups and have natural teams form. We’re hoping that our teams recognize how they would be a player and how they would naturally fit together to get some buy-in out of them, rather than us executives saying, ‘This is what we need you to do.’”

ASEWU has set goals in

five areas to help improve student experience at Eastern.

Exposure

Both Hoffer and Executive Vice President Becca Harrell emphasized the importance of increasing communication between students and ASEWU.

“If you ask the students what they want, they will really open up to you,” Hoffer said. “They don’t generally just volunteer to come give you their opinion, but if you ask, they have one.”

They plan to be more ac-

cessible to students in order to better understand their needs.

Harrell and ASEWU member Rachel Wilder planned to jump-start their accessibility by having a table on the campus mall on the first day of classes. [“We] plan on just talking to students, hearing what they want to see happen this year, making sure that we’re running off of their agenda, and then just also helping students find their classes,” Harrell said. “That was one of our communication goals that is already accomplished that we’re really excited about.”

ASEWU also has plans

to use social media to increase communication and interaction. Among these is the idea for an online site where EWU students can buy and sell textbooks with each other and a free smartphone app called “Oohlala” that provides users with a campus event calendar.

“Every organization on campus, every club on campus, is allowed to post all of their events to this app,” Hoffer said. “It also has social features where students, like new freshmen, are able to connect with other freshmen in an interactive, social way, similar to Facebook,

but it’s only for our campus.”

Facilities

The learning commons, housed on the main floor of the JFK library, is a project ASEWU will continue to support.

Hoffer said ASEWU members had a lot of input on the project. “All the furniture that you see was chosen by us students,” he said. “The administration in the room kind of stepped to the back and said, ‘This isn’t for us; it’s for the students,’ and they let us choose.”

ASEWU-PAGE 12

Buildings skyrocket ahead of schedule

By Teri Simpson
STAFF WRITER
easterner.news@gmail.com

As Patterson Hall is progressing nine months ahead of schedule, a new residence hall is to be completed in fall 2013.

Patterson Hall has an estimated occupy date of Jan. 6, 2014. The building envelope should be completed in or by early November of this year. According to EWU Project Manager Jim Moeller, this is due to the project bidding success by Leone and Keeble, the general contractor for the project. Bid as four separate projects, Leone and Keeble was the successful low bidder on each project which enabled them to overlap each of the separate construction schedules.

“In remodeling the building as opposed to all new construction, we reused 80 percent of the outside structure steel, 75 percent of the roof and 75 percent of the foundation,” Moeller said.



A construction worker walks on the second level in this open feature to let natural light hit all floor levels

of architecture. ... We made an enhancement to the entire university community,” Moeller said.

The improvements made to the original Patterson Hall were focused on the functionality of the

building, not just the appearance. “This building offers the technology and comfort level that resolves [the] problems of the old building, which was dark and noisy.”

Along with the renovation, a

new residence hall will bring students to the campus community.

The residence hall will be located at the current parking lot at 10th Avenue and Cedar Street. The \$25 million project will house 354

Photo by Teri Simpson

Ben Franklin closes doors

Area variety store becomes the third summer closure

By Libby Campbell
STAFF WRITER
libbyrcampbell@gmail.com

Students returning to Cheney after summer break will soon have one less place to shop for notebooks, pens and other necessities as Ben Franklin will be closing shortly.

A long-time shopping staple for many Cheney residents, Ben Franklin will be closing its doors as soon as its remaining merchandise is sold, according to owner Nancy Nation.

It is one of several Cheney businesses to close down in recent months. Do It Best Hardware and Tree of Knowledge both closed this summer.

A sign on the door of Tree of Knowledge read: “We have gone out of business for good. Thank you for your business over the past eight years.”

Do-It-Best Hardware closed after a brief run. “Our goal in coming was to give Cheney another selection for your home improvement and hardware needs. Given the response to the store, it appears that it was not needed. We leave good friends, though a short acquaintance [sic] read a message posted

on the front of the store.

Nation echoed the same economic woes that have become a common concern for business owners. “There’s just not enough sales. And I don’t know if there’s really a whole lot of other reasons,” she said. “Probably the last three years we have been trying to decide and trying to work on seeing if we can keep it open.”

Shoppers have turned to Ben Franklin for everything from craft supplies and kitchen gadgets to fishing poles and children’s toys since Henry Benjamin opened the store in 1975.

Nation and her husband took ownership in 1981. She said the store has about 20 employees, one of which has been there longer than she has.

“We bought the store 31 years ago. Mim Shamblin was working for the store then, and she is still working for us. She was here a year before we were, and she’s been here 31 years in the fabric department. She has built this fabric department. I think that’s what’s gonna be mostly missed in this community.”

Nation said the store has become a convenient stop

for customers over the years, and what she will miss most is working with the people. “We have a lot of faithful customers, just not enough I guess,” she said.

Students are a large part of the store’s shopping demographic. “When it’s back to school for the college, they shop here a lot. We used to have a huge surge when the public schools started, but not anymore. Not since Spokane started advertising so big in July and August. We just don’t get the kids anymore. But when the college starts, we really know it. I think the college kids will miss it,” Nation said.

Big business has proved to be too much competition for the store.

“You can’t expect people to shop here and spend more money just to keep us in business,” Nation said. “We can’t compete with the big guys. ... We have to buy from all these individual vendors, and we can’t get the deals that the big guys can get. Wal-Mart can sell things for less ... than we can buy it for.”

In an effort to thwart the growing financial stresses,



Mim Shamblin, a 30-year employee of Ben Franklin, assists a customer in the fabric department.

staff members decided to close the store’s pharmacy last year, but it just was not enough.

“We signed another year’s lease on the store to see if we could make it go, and keep it from losing money. And we just can’t,” Nation said. “I don’t know if somebody else could or not. We economical-ly just can’t keep beating it.”

The store held a liquidation sale Sept. 19, and the community showed up to score bargains.

The parking lot was com-

pletely full while inside the line of customers waiting to make discounted purchases snaked through displays and wound around the back of the store.

Lidwina Dalla, a Spokane resident who has frequented the store, said she hated to see it close.

“They’re very accommodating,” she said. “In Spokane, you don’t have that small-town feel. If all of us had supported this store, maybe they wouldn’t have closed.”

Dalla had been waiting

in line for more than an hour and still had dozens of customers in front of her.

“It’s really sad. I mean, 20 percent off isn’t all that much,” she said. “Why weren’t we all there like this when they needed the business?”

After 31 years of ownership, Nation said she was sad to make the decision to close.

“It’s a shame. It was my husband’s and my dream,” she said. “And it’s not easy. It’s not easy to close it down. A lot of tears [have been] going on here.”

Photo by Dylan Paulus

Safety should be everyone's concern

By Amy Meyer
EDITOR-IN-CHIEF
easterner.editor@gmail.com

There’s a huge misconception in our society that seems to assume that naïveté is a bad thing. Good or bad, it can’t be helped. We don’t know what we don’t know, and there is no one to blame for the optimism that says, “The world is basically a good place.”

And maybe the world is a good place. Who is to say that it isn’t?

According to court documents, Dalis Bruce was caught in the act of sexual intercourse on Aug. 18 with

a woman who was unconscious and incapable of consent. He has pleaded not guilty. The courts will decide this case.

In cases where courts have convicted someone of rape, some might argue that the blame rests completely on the criminal. But I don’t think that it stops there.

Police wear bulletproof vests because they’ve been educated. People want to shoot them. They



Meyer

don’t go to work and leave off the vest. Why? An officer might say that to go on shift without a vest would be a vulnerability that is unaffordable.

The assault was not something that the victim asked for. Innocence is not a crime, but rather something that we should all protect. We don’t want people to remain ignorant, but we don’t want to squash our optimism. In this case, the woman’s safety was not her responsibility alone.

At colleges and universities across the nation, victim advocate education centers have been set up.

At EWU, we promote the Green Dot, and our violence prevention advocate is Karen Wanjico.

Granted, when I think about the Green Dot program, I feel a bit patronized. The green and red dots make me feel as if I were in kindergarten. However, the focus behind the program is sound, whatever my imagined faults of its marketing. The program teaches about how to keep each other and ourselves from being victimized.

We shouldn’t need the Green Dot program because we should adopt a culture of the protection

of each other that passes down with each new class. All of us should seek to mentor others to be safe. Be the cool older friend who knows all the tips and tricks to staying safe. Our editorial on page 6 has some tips to start with.

We decide the atmosphere at Eastern. We make parties hip, cool or fun. We can’t rely on administration or departments to tell us how to live or how to party.

We have to make our culture a safe place to thrive, to live, to party. If we don’t, we give our power away.

Green Dot Spot

By Karen Wanjico
EWU VIOLENCE AND PREVENTION ADVOCATE
kwanjico@ewu.edu

If you are new to EWU you may see posters around that ask, “What’s your green dot?” You may be thinking green dot is about the environment, or a credit card, but it is not. At EWU and many campuses across the country, a green dot is an act of hope. They are small moments in time where someone acts to prevent power-based personal violence, like stalking, abuse,

or sexual assault. Here is an example of a green dot that a group of EWU men did.

At a bar, they noticed another group of men harassing a woman. They thought things could escalate if they confronted the other group. They convinced a woman nearby to go ask the first woman to show her where the bathroom is. The first woman says yes and soon she is safely away from the men.

The EWU men could have walked away, but they saw something that didn’t look right. They decided to act. It was their green dot that night.

Green dots are empowering and bold. Green dots are like saying, “I don’t think violence is inevitable.” Green dots are like saying, “I believe that by working together we can end violence.”

This column is a forum for students to share their green dot stories, or to ask their green dot questions. All you have to do is email advocate@ewu.edu. Tell us what you did and how it worked out. Let the whole world know that Eagles don’t tolerate violence, and that everyone can do something. By all means, keep reading this weekly column. Next week I will explain how violence prevention came to be called “Green Dots.”

Letter to the Editor

Throughout the academic year thousands of students flock to the Eastern Washington University Campuses for classes and more often than not the parking situation is not favorable for commuters. Some issues that commuters face are obtaining parking permits, finding metered parking, paying for enough time, and finding available street parking that is within reasonable walking distance. The most sensible route seems to be purchasing a parking pass if you don’t want to chance getting a parking ticket for whichever reason. However, the pass would only be for that specific lot and doesn’t account for students who have classes at different locations and who would like to park near. Then again this is only if you are lucky enough to

get a parking pass for the lot you wanted.

The problem lies within the structure of the parking control system. Yes, it may be a good thing to offer multiple kinds of parking but it could be simplified by a single parking arrangement across the board. This would eliminate some confusion between getting ticketed by the university, the city or private parking lot companies.

Therefore I suggest that EWU contributes to minimizing the confusion and consolidating their parking protocol. Eastern should issue parking permits that work for all of their lots on every campus and eliminate the parking meters that are monitored by the University.

This new structure

would allow students attending classes at multiple EWU campuses to still have a place to park. Although it may turn into a first come first serve situation, the ease of just having one pass that says you are an EWU student will reduce the stress of finding a parking spot, getting lucky enough to get a pass, and not parking so far away that you may be tardy to class, as well eliminating the confusion between the different kinds of parking arrangements.

So I hope that with this letter I can bring attention to this matter and introduce a new way of doing things that just may be what on-campus parking needs.

Sincerely,
Manuel Medina

THE EASTERNER

Serving the community since 1916

Address:
The Easterner
EWU, Isle Hall 102
Cheney, WA 99004

Writers' Meetings:
The Easterner is open for any EWU student or faculty who wish to write or copy edit news stories.
• Writers' meetings are Mondays at 3:30 p.m.
• Copy editing meetings are Saturdays at 9 a.m.

News Line:
If you have a tip, letter to the editor, press release or an idea for a story please call The Easterner tip line at 509-359-6270 or the general office line at 509-359-4318.

EDITOR-IN-CHIEF
Amy Meyer
easterner.editor@gmail.com
509-359-6737

MANAGING EDITOR
Christopher Stuck
easterner.me@gmail.com
509-359-4318

ONLINE EDITOR
Ben Grant
easterner.online@gmail.com

CHIEF COPY EDITOR
Kurt Olson
easterner.copy@gmail.com

NEWS EDITOR
Jane Martin
easterner.news@gmail.com
509-359-6270

OPINION EDITOR
Derek Brown
easterner.opinion@gmail.com
509-359-4318

EAGLE LIFE EDITOR

About your paper:
All content in The Easterner is either produced or chosen by EWU students. Our goal is to provide relevant information to the students, faculty, staff and residents of the communities surrounding EWU.

Circulation:
The Easterner publishes a weekly print version as well as web content during the week http://www.easterneronline.com.
The Easterner is distributed throughout the Cheney campus and business district as well as Riverpoint and various Spokane businesses. If you would like The Easterner to be distributed at your

business call the Advertising Department at 509-359-7010.

Purchasing:
The first copy of The Easterner is free. Additional copies may be purchased at Isle Hall 102 during staff hours.

Advertising:
If you would like to place an ad or classified ad, call 509-359-7010, FAX 509-359-4319 or send an email to advertising@theeasterner.info.

Advertising Manager
Joseph Schiller
joseph.schiller@gmail.com
509-359-7010

STAFF WRITERS
Libby Campbell
Amye Ellsworth
Linsey Garrison
Davis Hill
Christina Jordan
Jasmine Kemp
Nicole Livingston
Kelly Manalo
Shane Moses
Teri Simpson
Peter Sowards

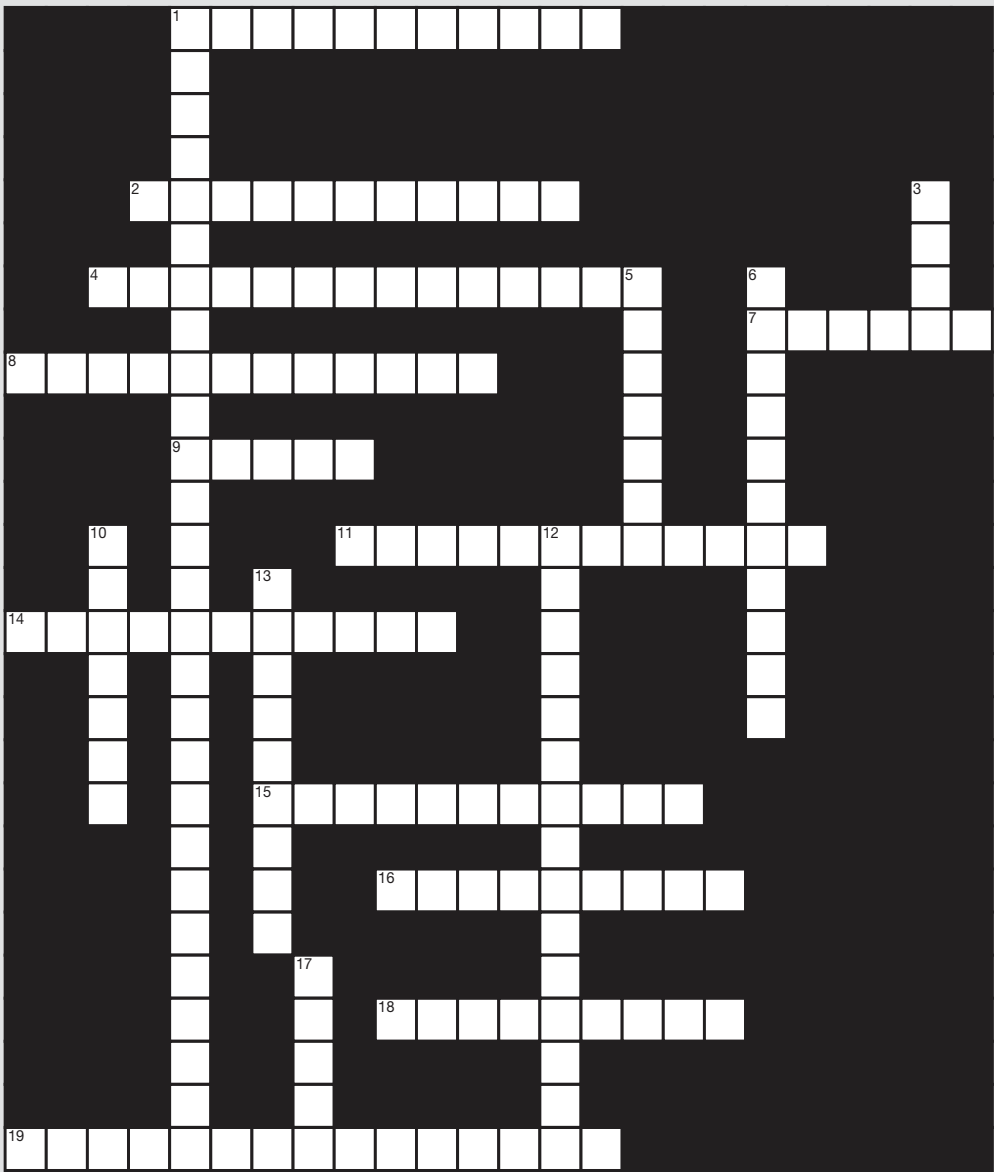
PHOTOGRAPHERS
Anna Mills
Dylan Paulus
Teri Simpson

DISTRIBUTOR
Ben Judd

ADMINISTRATIVE ASSISTANT
Alison Zubiria

STAFF ADVISER
Jamie Tobias Neely

CROSSWORD PUZZLE



Crossword puzzle by Kristie Hsin

- Across**
1. What street will the new residential hall be located? (2 Words)
 2. Who led EWU football with 65 yards on 17 carries during the game against the Weber State Wildcats? (2 Words)
 4. Which maze acts as the haunted maze during the Incredible Corn Maze? (3 Words)
 7. Which team will play in two leagues this season?
 8. Fifth rule to benefiting from work experience during school.
 9. Where did nine students from the disability studies certificate program visit last summer?
 11. Who is the new theater department's costume designer? (2 Words)
 14. Which graduate program recently stopped admitting new students?
 15. What local store, open since 1975, is closing down? (2 Words)
 16. Which cross country invitational was held in Seattle on Sept. 15?
 18. Which hall is estimated to be complete in 2014?
 19. What is the last tip in the student's guide to college? (3 Words)

- Down**
1. Where did the Mass Casualty Training take place? (3 Words)
 3. How many goals has the ASEWU set out to help improve student experience?
 5. What fraternity has officially been revoked and put on suspension? (2 Words)
 6. Which cross country coach competed in the London Paralympics? (2 Words)
 10. What month is breast cancer awareness month?
 12. What bookstore recently shut down? (3 Words)
 13. What new campus activity will take place on the intramural field this fall?
 17. What software are math development 103 courses using?

\$1,000 per month?

You can't beat that.

Sperm donors can earn up to \$1,000 per month.
nwcryobank.com

NWCryobank™

Derek Brown
OPINION EDITOR
easterner.opinion@gmail.com

Requirements:
-Letters should be 300 words or less, and typed or hand-written legibly.
-Include your full name, signature, telephone number and email address for verification.
-We reserve the right not to publish letters; furthermore, all letters are subject to editing.

EDITORIAL POLICY

We encourage the campus community to submit letters and opinion pieces that conform to the requirements listed below. Opinion articles and letters to the editor do not necessarily reflect the views and opinions of The Easterner, its staff members or Eastern Washington University.


EDITORIAL BOARD

Derek Brown, opinion editor
Amy Meyer, editor-in-chief
Christopher Stuck, managing editor

LETTERS TO THE EDITOR


-Letters must be recieved no later than Monday at 10 a.m. in order to be considered for publication the following Wednesday.

-If your letter is in response to a specific article, please list the title and date of the article.




Through the Eagle's Eye


When you're going out with friends, what do you do to make sure you and everyone with you is safe?




“Always make sure to have someone watch your back and to stay safe, always make sure you are with a group of people. Never be by yourself.”
Dahir Jigre




“Always be aware of our surroundings. If you're in a group of people you don't know, always be aware of what they're doing and be aware of who's driving.”
Michaela Morse




“I carry pepper spray with me in my purse. We stick together in groups and we watch out for each other and we don't let people [go] off into areas we don't know.”
Lexie Hoffpauir




“I generally have a couple guys with us if I'm going out with my girlfriends or at least know the situation I'm putting myself in just so I stay safe.”
Sarah Snediker




“We're always together and we make sure nobody is off on their own.”
Stephanie Toro




“I usually like to make sure we're all close. We also try to stick to lighted areas and make sure it's bright around so if anything happens we can see. ”
P.J. Hanson



“Definitely stay in a group and know where we're going ahead of time so we don't get lost or anything like that.”
Matt Littrel



“Have a plan beforehand. Know where you're going to go and kind of know the areas so you know where to park, [or] if it's safe to stay out late.”
Nicolette Reames



“Lately we've been going up to the mountains to go hiking and those kind of things, just staying outdoors. That's my main thing to do to stay out of trouble.”
Beau Lannan

EDITORIAL

Play it safe if you decide to party

easterner.opinion@gmail.com

For all the good times in college, there will inevitably be bad times as well.

According to New York University Student Health Center, one in five women are raped during their college years. Moreover, "nearly 60 percent of rapes occur in the survivor's residence hall." Perhaps the most startling statistic: 81 percent of on-campus sexual assaults are never reported to the police; off-campus, that number rises to 84 percent.

On Aug. 19, Eastern football player Dalis Bruce was arrested after being arrested and charged with second-degree sexual assault.

According to police reports, the event occurred in Pearce Hall after the victim had been drinking heavily. She was placed in bed after being described as highly intoxicated, and vomiting. Sometime after 1 a.m., a man was found on top of her, at which point he was told to leave by three witnesses.

She was still unconscious.

Unfortunately, Eastern is not exempt from sexual assaults. Rape statistics, coupled with stories like this, show how important it is to play it safe when out having fun.

Fortunately, there are many tools that can help students stay safe while living life at college.

Know where to go when you need help.

There are many places on campus for students to receive information on how to play it safe.

For example, the Violence Prevention Student Advocate is a resource for people who have been affected by sexual assault, rape, intimate partner violence or stalking. The student advocate is located at URC 201. Help is available for people regardless of their sex, gender, orientation and so on.

Likewise, the EWU police are always ready to assist you with anything you need. You can reach them through dispatch at 911, or for non-emergencies, you can call 509-535-9233. They are located in the Big Red Barn at 820 Washington St.

There are many other resources on campus such as Counseling & Psychological Services, the Pride Center, and the First Responders, to name a few, all of which can point you toward someone who will know where to send you when you need help.

Enlighten yourself.

Read up on how to play it safe. Here are a few tips:

When you go out for the night, remember to always bring a friend.

Alternating between alcoholic and non-alcoholic drinks will help you gauge your level of intoxication.

Women process alcohol differently than men, so women will have a higher blood-alcohol level after consuming the same number of drinks.

Many things factor in to a person's ability to process alcohol, including body weight, food intake and physical activity. Know your limits so you can be in control.

Myths about using coffee and showers to sober up are false; the only way to sober up is to wait for your body to finish processing the alcohol.

Always hold your drink close, so that no one can put anything you don't want in it.

Never accept a drink from someone you don't know.

If you happen to leave your drink out of sight, even for a moment, get a new one.

Always keep your cell phone charged and ready to make calls when and if you need to.

Make sure you always have a way to get back to your room safely.

And never stay at a stranger's house.

Make sure to have a plan in case you sense danger — where to go, who to call, and how to thwart any unwanted advances. Do some safety planning in advance to know just what you need to do in case the worst happens.

As freshman arrive by the truckload, hand-in-hand with parents, naive to the dark side of college living, they'll be tempted to attend one or two of the innumerable parties around town. However, if you decide to go out, take these precautions seriously when wandering out into the strange unknowns of life away from the warm comfort of home and the parental figures. You'll thank yourself for the rest of your life.

Don't become a statistic.

Heal, help and hope in Africa

Disability certificate program students journey to Ghana



Summer is a time for students to relax, take a break from school and maybe find a coveted part-time job for some extra cash. For one group of students it was the opportunity to further their understanding of disabilities in a different cultural setting and get elbow deep in volunteer work.

Komel Mackelprang, director of disability studies, organized a trip to Ghana, Africa, for nine students participating in the disability studies certificate program. According to Mackelprang, students were given the opportunity this year to travel to Ghana for three weeks and learn about the impact of boreholes and do some volunteer work in a health clinic.

The overall purpose of the trip was to have students learn about disabilities in a different cultural setting while providing community service in a study-abroad type atmosphere.

Students stayed in the rural village of Abomosu in a three bedroom house for most of the trip while they did volunteer work. During this time, students would talk to locals and water officials about boreholes. Some students provided help at a local health clinic.

Boreholes are long, narrow holes dug into the ground in order to retrieve water. In developing countries, this is a common practice. When the hole is drilled, a pump is placed into the hole with a method for extracting the water above ground. During the interviews the students conducted, they asked questions about water quality and the quality of the boreholes themselves.

Lexi Baasch, a senior majoring in interdisciplinary studies in the pre-occupational therapy program described the interview process and the reason for them in an email.

"I went with another student and an interpreter to different villages and interviewed villagers as well as water officials on things like water quality: if borehole water is any better than their prior water source, how often the boreholes break down, etc. Each village was pretty consistent with their answers, but separate villages had both unique and pretty constant answers.

"Companies will go and install boreholes, which are wells that they pump to get clean water, but they never go back and ask how they like them or if their quality of life is any better, so that's what we did. Many locals expected us to be the ones to provide them with more boreholes and better water, but we were just there to ask about it."

Although the interviews were not a direct form of help, they were still necessary.

"Some people were helped by students in the clinics, and other people were helped indirectly through the interviews. We didn't help them at that moment in time, but getting that information that has never been gathered before will definitely help people in the future," said Baasch.

During the last week of their trip, students were able to visit an urban area and do some tourist activities. One of the stops was at the Elmina Slave Castle, a place during the period of slavery where many slaves were bought, sold and traded from the 1600s to 1800s.

"The Elmina Castle was very devastating to learn



Photo contributed by Lexi Baasch

During their time in Ghana, students and staff learned about disabilities in a different cultural setting and performed community service.

about it but it was good for us to learn about the Ad-shanti people," said Kaplan.

After seeing the castle, the students were able to do some leisurely activities.

"The last few days we were in Ghana, we actually got to be tourists and we stayed at a really nice hotel right on the beach. It was really cool to see both sides of Ghana — poverty and tourism," said Baasch.

"Shopping was crazy because of the vendors pressuring us a lot, but we all managed to bargain pretty well. And lots of people bought fabric, even a bow and arrow," said Kaplan.

Though the students walked away with eye-opening experiences and a wealth of knowledge, there were some hesitations about going to a foreign country for some of them.

Kaplan said that although she had been to foreign countries before she had hesitations because she had never seen poverty and was unsure of what she would encounter.

Others were quite comfortable being in a foreign country. Reika Horio, an international student from Japan and a communications studies major, has been to several foreign countries and is used to being immersed in different cultures and customs. She has also been doing volunteer work in Cambodia since she was a freshman.

"I love languages, culture and different perspectives. As I know more about the world, I realize I don't know anything," Horio said. "That made me think I would like to know more and more. Through those experiences, I realize I would like to work for developing countries in the future."

Horio's experience in Ghana differed from her fellow students because she was able to look at it from an entirely different perspective.

"Since I was the only international student, I was so nervous in the beginning," said Horio. "My English is not fluent, and honestly I cannot understand what native speakers talk about when they have deep conversations. Language was one of the walls for me."

"Moreover, I see things from my Japanese perspectives. I have Japanese habits and it was hard to change during this trip, so sometimes Americans couldn't understand my behavior. Whenever I faced this situation, I explained the way I [grew] up and asked them try to understand what and why I am doing [things] like that."

"The opposite things also happened, too. When

I couldn't understand what Americans [were] doing, I asked them why they did [things] like that. It was a great experience to understand each other and I realized this is the true meaning of international understanding."

When the students returned, some were happy and others were upset.

"I was honestly extremely happy to come back to America, but after being here less than a week, I was ready to go back," said Baasch. "Literally everything is different there. I've heard of many people who fall in love with Africa, and now I see how. I think there will always be more work to do."

In contrast, Kaplan was less than thrilled upon her return.

"Coming back from Ghana was not easy because I

GHANA-PAGE 12



Have a Twitter?

Follow us @EWU_Eagle_Life

Welcome, new students!

WIN

\$100 bookstore gift card from STCU.

Open an STCU account with a free debit card before October 5, and enter to win a \$100 bookstore gift card.

We're a credit union open to local college students and anyone who lives, works, or worships in Washington or in Kootenai or Bonner counties, Idaho.

- Free checking
- Free online and mobile banking
- Surcharge-free ATMs
- Shared branching to access your accounts at other credit unions
- Low-cost loans and credit cards

Avoid painful bank fees. At STCU, there are no customers; only members. We're local and not-for-profit. It's where you belong. Join us!

Federally insured by NCUA.

(509) 326.1954 | (208) 619.4000 | (800) 858.3750 | www.stcu.org

Membership fee waived July 16 - October 5. Drawing will be held December 3, 2012. One gift card winner per university or college. Must become a new member to STCU between July 16 and October 5, and open a checking account and debit card. Membership must be opened in a branch. Must be a current college student. See branch for official rules.



Mobile Experience

Anytime/Anywhere Access



New Features

Text Banking • Mobile Bill Pay
Mobile Check Deposit

Standard text message and data rates from your phone carrier will apply. *Account eligibility requirements apply. Federally insured by NCUA.

Scan for the Numerica mobile app.



Android iPhone

NUMERICA

CREDIT UNION

(800) 433-1837 • Visit us at numericacu.com for details.



New freshmen and transfer students pass through the Herculean Pillars where they are welcomed by staff as they begin their educational journey at Eastern on Sept. 26. Students also participated in various orientation activities throughout the week such as an open house at Monroe Hall where they went around to different offices, collecting signatures and information that could help them during their time in college.

Welcome to Eastern

The Easterner is your source for news on both the Riverpoint and Cheney campuses and the community of Cheney. We are dedicated to inform the students and staff about the different events and happenings on campus whether they are related to news, athletics, arts, entertainment, or culture.

The Easterner does this by providing the students and staff with a weekly newspaper and our online website that chronicles these events and stories by print, audio, photography, video and other alternative formats of story-telling.

We also look to keep the community updated by use of social media such as Twitter and Facebook.

We want to engage with our readership and hear what your opinions on the different issues that happen around campus. You can do this by sending in letters to the editor, checking out our website and social media and sending us tips and leads.

 @Easterneronline

Corn maze continues seasonal tradition

Idaho attraction enters ninth year

By Al Stover
EAGLE LIFE EDITOR
easterner.eaglelife@gmail.com

Imagine walking down a path in darkness, the sound of dirt and broken stalks crunching beneath your feet, tall stalks of corn tower above you as the sound of a chain-saw echoes in the distance.

This is the environment visitors can expect to find themselves in when they enter the “Incredible Corn Maze” located in Hauser, Idaho. The maze, in its ninth season, opened on Sept. 21 and will close on Oct. 31.

According to Suzie Dunn, who has coordinated The Incredible Corn Maze since it began, there were over 16,000 visitors in 2011.

For Lynn Humphreys of C&L Farms, the corn stalks for this year’s maze were better than they were in previous years.

“The guy who usually cuts it said ‘was the tallest and thickest corn he had cut out of the 25 mazes,’” Humphreys said.

The Incredible Corn Maze is split into three different mazes with a 4.2 mile path inside of 12 acres of corn, according to their press release.

Scattered throughout all three mazes are checkpoints where visitors can hole-punch the cards they get when they enter the maze. If they get all 15 punches, they get a prize.

The maze once again features several attractions such as Helicopter Rides, which cost \$20, tractor tire playground and a corn



The Incredible Corn Maze features four mazes throughout late September to the end of October.

cannon shooting range which also awards prizes such as concessions and cash. The maze also raises money for eight different nonprofit groups, including Girl Scouts of America and Sorenson Elementary PTA.

The maze will also bring back the Field of Screams, which acts as their haunted maze, on the third week.

Unlike the other mazes, the Field of Screams will be open only at night and have up to 25 performers in costumes jumping out at visitors.

“When you’re walking through a haunted maze, you know something is going to happen,” Dunn said. “Even when you’re walking along the non-scary path on the way up to it.”

For visitors who do not want to get frightened, they are free to go through the other mazes at night without any scary surprises.

One new feature the maze has this year is the 1.25 acre pumpkin patch where visitors can purchase mini-gourds and pumpkins.

Visitors can also purchase stalks of corn.

Address: Right across the street from 3405 N Beck Rd, Hauser, ID 83854

For more information visit Incrediblecornmaze.com

For Dunn, her reward is watching families from all over the area come to the mazes and having a wonderful time conquering the corn labyrinth.

“It’s just a really fun outdoor community event and I love it.”

How to avoid a 'Freshman Freakout'

Upper classmen give advice, share their own "freakouts"

By Nikki Livingston
STAFF WRITER
nikkijane@lee.com

Been there, done that and got the T-shirt. These upperclassmen know what it is like to feel clueless on the first day of college classes.

Have no fear, freshmen, help is here. From class scheduling to roommate issues, these students have it covered.

Kelsey Stonestreet, a fifth-year senior majoring in visual communication design, has not had any horror stories to share, but she does know what it feels like to walk into Baldy’s during the lunch rush and have nobody to sit with.

“I remember, it was one of my first days going to the PUB to get lunch and I didn’t have lunch with any of my friends. So, I have all my food, you know, and I’m trying to find a place to sit. I think I had to sit by the creepy old guy who kept trying to talk to me,” said Stonestreet. “It was really awkward being a freshman and getting used to being alone at times.

She said that was one of the things that helped her learn to grow up and not have to have somebody with her all the time.

Stonestreet recommends that students do more than just their schoolwork, though that is important as well.

“For me, it was really important to remember that, ‘yeah this is college and it’s serious,’ but it also, in the long run, doesn’t matter if you get 4.0s in all your classes,” said Stonestreet. “It’s important that you do well, but you also have to remember that this is college and it’s an experience.

Take time and not just focus on the school aspect of it, but focus on the social aspect because there’s so much going on on campus that you can take advantage of.”

As a community adviser for the residence halls, Stonestreet has had a lot of opportunities to learn about everything offered on campus to students.

“I learned what the CAs do, which is we program five plus programs a quarter to try to build community. That’s what our big focus was. Build community on your floor and in the building because the students that have the friends and support group around them are more likely to go

through school and graduate and they’re also more likely to have a better time,” said Stonestreet.

Stonestreet said that being a community adviser helped her grow and recommends that students try it if they are truly interested.

She said that they should be in it for more than the free room and board because it is a lot of fun, but it is also a lot of work.

Her advice for freshman, “Take advantage of what your residence hall has to offer. Go to the programs. Meet new people.”

Austin Chavallo, a senior majoring in finance, transferred from a community college to EWU as a junior. As a freshman his biggest issue was getting registered for classes.

“The biggest issue that I had was definitely choosing which classes to take,” said Chavallo. “I went to a community college, and had heard many stories where other students never went to a counselor and just thought they knew which classes to take, but when their two years ended and they went to confirm their graduation, they found out they had to take an additional one to two quarters because they didn’t take the right courses.”

Instead of dealing with it all by himself and risking making a mistake, Chavallo sought out academic advising.

“That being said, from the first quarter to the last at community college, the best way I dealt with this was meeting with a counselor. They helped because they asked what my major would be, and with that information showed different courses that they thought would be the best to take, and showed how it would fill whichever requirement that it needed to fill,” said Chavallo.

Chavallo said that the best way to avoid a freshman freakout is to use the resources that are available.

“A lot of times, freshmen just don’t know what to do when they are on their own,” said Chavallo. “From which classes to take, to cooking, to just general tasks in life can really take a toll on a student entering their first year away from home.

But there are simple solutions to the problems that freshmen face. ... It is really not that bad, if instead of freaking out, just take a moment and realize that there are many ways to relieve stress if you just use what is provided for you at no additional cost.”



Although students stress about things like money, homework and love, they can seek help from EWU staff or fellow students.

Chavallo also suggests that students go to campus events.

“If you are a freshman, pick up the school paper, or look online to see which school events are coming up. When you are a freshmen, you think that college is going to last forever, but being a senior at Eastern this year and the end being near, I really have an urge to go to as many events as possible. So, while you still have the time, go to everything you can,” said Chavallo.

Shelnila Santos, a junior majoring in foreign language education at Kennesaw State University and former EWU student, is no stranger to roommate troubles. After a fall-

ing out with her roommate, Santos sought out the help of Residential Life staff. She said that after dealing with her roommate she was paranoid about getting into another bad roommate situation.

Santos said that the staff made her transition from her residence hall and roommate situation much easier. Later on as a sophomore, Santos decided to become a community adviser so she could help other students out the way the staff at Residential Life helped her.

Although Santos has transferred to a much larger school, she stressed the importance of using the resources EWU has to offer. Though there are resources students can use at her new school, they are much harder to locate. She said that because of EWU’s small campus size, the resources stick out more and are easily found. Classes can get overwhelming, finances can seem depleted and homework can pile up. However, seeking out the help of somebody who has been through similar situations can help a lot.

There are several staff and faculty members whose sole job is to help students with obstacles they are facing. Even if they can not help immediately, they may be able to find somebody else who can.



Photo by Al Stover

Incoming freshmen began moving into the different EWU residence halls with the help of their parents and various staff and student volunteers as a part of New Student Orientation and Welcome Week from Sept. 21-23. To help the new students settle in, Eastern also held various activities throughout the weekend that included a football watch party and buffet dinner for the EWU vs. Weber State football game, Rec'Splosion at the URC, which featured the different club sports and organizations on campus and the Welcome Back Neon Dance Party held in the PUB MPR. Welcome Week will also feature other events throughout the rest of the week, including the Eagle Entertainment Comedy Night featuring Last Comic Standing 2008 runner-up Marcus on Sept. 27 starting at 7 p.m., Neighbor Festival on Sept. 28 from 10 a.m. to 1 p.m. and EWU football vs. Montana on Sept. 29 at 4:15 p.m.



Photo by Dylan Paulus



Photo by Al Stover



Code Blue Emergency Stations Code Blue Emergency Stations are specifically designed to allow individuals to drive up to the stations. These stations may also be used for short-term telephone calls to the residence halls, and to directly connect to 911 or to Campus Police for an escort.									
Metered Parking Lots 1, 3, 4, 5, 9, 10, 15, 17 and 18 are monitored Monday through Friday, 8 a.m. to 5 p.m. This also includes break periods such as spring break, Christmas break, and summer break. Meters are monitored in all lots and on the streets Monday through Friday, 8 a.m. to 5 p.m. If you are unsure about meter operating hours, they will be posted on the dome of each meter.									
Lots/Streets with 4-Hour Meters & Meter Counts									
P-1	P-2	P-3	P-4	P-5	P-6	P-7	P-8	P-9	P-10
8	20	20	20	40	9				
Parking Lots									
P-1	P-2	P-3	P-4	P-5	P-6	P-7	P-8	P-9	P-10
8	20	20	20	40	9				
All lots are restricted to no overnight parking except lots 13 and 16. Lot P-12 is free except in the case of free events. During summer quarter only, residence hall lots and P-12 are open for camp and visitors. People parking RV's, campers, or vehicles with trailers, must contact EWU parking services for permission and/or accommodations. All university housing lots, as well as the residence hall lots, are monitored 24 hours a day, 7 days a week. All vehicles parked in these lots must possess a valid permit.									
Core & Fringe Parking Lots: Permit Required 8 a.m. - 5 p.m., Monday-Friday									
P-1	P-2	P-3	P-4	P-5	P-6	P-7	P-8	P-9	P-10
8	20	20	20	40	9				
Common Parking Lots: Permit Required 8 a.m. - 5 p.m., Monday-Friday									
P-1	P-2	P-3	P-4	P-5	P-6	P-7	P-8	P-9	P-10
8	20	20	20	40	9				
Campus Apartment and Residence Hall Lots 24-Hour Permit Required									
P-1	P-2	P-3	P-4	P-5	P-6	P-7	P-8	P-9	P-10
8	20	20	20	40	9				

Students balance school, work, life

Married couples pursue college dreams together

By Davis Hill
STAFF WRITER
d.hill.easterner@gmail.com



Photo Illustration by Anna Mills

Paul Lee is getting his master's in creative writing at Riverpoint while his wife Meghan Lee is studying massage therapy at the Inland Massage Institute.

OPINION

Get ready for the new academic year

By Davis Hill
STAFF WRITER
d.hill.easterner@gmail.com

Ah, early September. Such a joyous time of year, filled with energy and promise. The perfect way to glide into a relaxing school year.

Don't worry, though, because you still have two weeks left until—wait, today is the . . . no, that can't be—great Scott! It's the first day of school!

Oh, sure. At the start of summer, you had plans—tons of them. You spent the last week of June telling your friends about how you were going to learn French, or work on your portfolio, or finally get around to researching graduate school opportunities.

But you didn't do that, did you? You ate cereal for dinner and looked at cat pictures on the internet. If you're like me, you also spent a lot of time "applying for jobs."

This mostly involves turning on the computer and staring at the screen until your brain turns to sludge, but everyone has their own process.

One of my friends was over the other night, and—this is true—when he asked me what I had been doing over the summer, I had to physically get up and look at my calendar in order to answer him. I didn't remember. Apparently I spent about three weeks calling the dentist.

Suffice to say, you didn't get as much done as you wanted.

That's OK, though—you still have the rest of the year to lie to yourself about next summer. But now that school is here, it's time to buckle down and study hard.

Some of you freshmen may be unsure as to what you should expect from college. So, in preparation for this year, I would like to present to you: The Student's Guide to College, complete with helpful tips.

The Student's Guide to College

Helpful Tip #1: College Is Harder Than High School

This is an important message that all freshmen need to know, particularly those of you who are coming from places such as Ritzville, Wash., population: "why?"

In high school, you may have been able to turn in entire papers written in internet text language. "In cndlnz, van G0h ws rly gud @ Rt," and still get a 4.0, thereby enabling you to "skate through" most of your classes.

Now, this might have worked in high school, but I'm warning you: At Eastern, we will not work. At Eastern, we have a diverse, wide-ranging curriculum with rigorous academic standards, led by professors who are experts in their fields. At Eastern, papers like that will only get you a 3.8.

Helpful Tip #2: Time Management Is Key

Now that you are in college, you will also find that your schedule will change. Most advisers will tell you that the average freshman schedule should look something like this:

Breakfast, preparing for the day ahead
8–9 a.m.

Class
9 a.m. to 1 p.m.

Lunch
1–2 p.m.

Study
2–4 p.m.

Homework
4–6 p.m.

Work out
6–7 p.m.

Socializing/Activities/Sports/Etc
7–10 p.m.

Bed
11 p.m.

However, the transition from high school can be difficult. Everyone needs to take it at their own pace. Many freshmen find that this schedule better suits their needs:

Continue Sleeping
8–9 a.m.

Skip class (possibly still sleeping)
9 a.m. to 1 p.m.

Lunch
1–2 p.m.

Socialize with friends
2–4 p.m.

Socialize with friends
4–6 p.m.

Socialize with friends
6–7 p.m.

Socialize with friends
7–10 p.m.

Socialize with friends
11 p.m.

Helpful Tip #3: Be Willing to Make Tough Choices

College life is tough, and sometimes you will need to make tough choices. Consider these example situations:

a). Your class schedule is not as exciting as you had hoped. Should you give up the "coffee" mug with white wine or red?

b). You have a big test tomorrow, but you want to go to a party. Should you go to the party instead of studying? Or should you go to a different party instead of studying? I am just kidding, of course. Everyone knows that the hip thing to do is throw your "own" party instead of studying.

c). Your financial aid rebate check just came in, and you still need to buy a \$200 textbook. Should you spend the money on a new TV or on expensive sports equipment?

Helpful Tip #4: Make Time for Yourself

Amid the hustle and bustle of college life, it is easy to forget to relax and have a little fun now and then. Fortunately, Eastern boasts these fun organizations and activities to help you unwind and recharge:

Honors College - For people who think they are smarter than you but probably are not.

Intramural Sports - For people who think that studying is "for nerds."

Fraternity/Sorority Life - For people who enjoy being in a constant state of inebriation. EWU also offers a large number of student clubs. Probably.

Helpful Tip #5: Don't Stress Out

College can be overwhelming, so I just want to say to all you freshmen out there: no matter how hard it is, always remember that someone from your graduating class will later go on to become a millionaire, and if you work really, really, REALLY hard, it still won't be you.

Views expressed in this column do not necessarily reflect the views of the Easterner

something for each of us to have a life-style [separately]."

"[Now], it's a way to have stable jobs. . . . thinking of [your spouse] in the picture too," Olson said. "It's more challenging. It's not just about me anymore."

That is not always a bad thing.

"[At Eastern], I wasn't distracted with parties or looking for a date, so I could concentrate on school more," said Caden Mayfield, who has been married for several years and graduated with a visual communication degree in June. "[And] it was great having such a good roommate."

Mayfield is a "returning student," who came to Eastern to finish a degree he started elsewhere. Because of this, he and his wife, Kellee, had more time to work off student loans and gain financial and social stability outside of school.

"[In my case] it's a pretty good financial situation. . . . more financial aid, and you save when you share everything," he said. "It was great."

The Mayfields recently departed for two years of Peace Corps service in Ukraine.

Despite the challenges, Goldman said the rush of responsibility can be empowering. "You're more focused, deter-

mined," she said. "It's really exciting."

The logistics of life are "a lot easier than if I was living by myself," she said. "It's basically like I have a teammate. We can distribute stress and [chores] among each other. It really helps with the 'real-life' stuff."

Because of their schedules this year, Goldman and her husband, Jeremy, will not have much time together. "That's very challenging," she said. "We [previously] spent pretty much every minute together."

Olson agreed. She and Mastronardi also have conflicting schedules. "It's kind of frustrating, right now," she said. "[We've] just got to get through the next year." They will wed June 2013.

Goldman, who lived with her husband for several years before the marriage, stressed that balancing a serious relationship with school is often difficult. "To be successful is a lot of work. All these things. . . . [are] not just given to you on a silver platter," she said. "It's messy. There are family problems, many issues. It doesn't just fall together, but if you want it bad enough, it's possible," Goldman said. "We're grateful for what we can do [for] each other."



Illustration by Vania Tauvela

There are different part-time jobs students take during college that include workings as a barista, intern and receptionist.

Employment brings students experience, keeps cash in banks

By Christina Jordan
STAFF WRITER
seejay91@gmail.com

According to four EWU students who have carried jobs during their college careers, having work experience can be beneficial in many ways.

Shannon Hooper, a senior biochemistry major, is a plus group facilitator and tutor in the math lab.

"I love to actually make money on a regular basis. My job has helped me to finance school," said Hooper.

Jeremy Larson, a music performance major, is a barista for Eagle Espresso and plays in pep bands for a job.

"It's great to have the work experience, because when I graduate, I have a fall-back job. I could be a barista if things don't go as planned," said Larson.

Holly Edwards, an edu-

cation major, works at the office of undergraduate studies as a secretary.

"I don't think having a job negatively affects me at all. I just make money and then I can eat," said Edwards.

Nick Stephens, an English major in graduate school, has had at least seven jobs during his college career. These include jobs at a car dealership, a sandwich shop, a paint company, a telefund company, Hollister and People to People Ambassadors.

Stephens currently works as a teaching assistant at Eastern, which includes teaching classes such as English 101, 201 and 112.

"Having a job in school was helpful. Other than paying for food, books, transportation and rent, it forced me to budget my time and forced me to study on my breaks. It built my character and got me used to doing

things that I didn't necessarily want to do," said Stephens.

In addition to the benefits that are mentioned above, these students had some advice to offer.

Rule number one: Do not spread yourself too thin

"You just have to know how to balance homework and your job. It can be easy to sign on for too many hours," said Hooper.

Rule number two: Be nice to people.

"I have gotten a lot of connections from these jobs," said Hooper. "I've never had to have a job interview for a tutor student, because I know the people who then hire me for a tutor job. Also, working for tutoring, I have learned more about the free services that Eastern has to offer. You just have to be nice to people, and you nev-

er know who will offer you a job."

Rule number three: Do not expect to be a millionaire

"It's good to keep in mind that most college jobs are just part time and that the on-campus ones you can only work for 19 hours max, so there's no way to make an actual living," said Larson.

Rule number four: Be self-motivated

"One benefit of having a job like mine is that I get to work on my communication skills over the phone and over email. You have to be self-motivated to have a job in college," said Edwards.

Rule number five: Be professional

"Keep in mind that to be successful at a job, you must have a certain amount of professionalism and punctuality," said Stephens.

Welcome from your presidents

ASEWU president 'ready to serve you'

On behalf of the Associated Students of Eastern Washington University, I would like to welcome our freshmen, international and transfer students. EWU is excited to have you become an Eagle. At Eastern, no matter what your field, you will have the opportunity to develop critical thinking, which will allow you to innovate, create and resolve problems. Also, you will be motivated to create or start something big, such as a project or idea that matters for you and your community.

For our returning students, welcome back Eagles! I hope you had an exciting and relaxing summer with your family and friends and now, after your break, you are ready for a successful year full of education, tradition and unity on campus.

As your representative, we know that almost is not enough when we talk about support for your education. We understand that your needs and ideas are important to you and it will be our duty to relay them to administration, the Board of Trustees, State Legislators, representatives and beyond so you can have the resources and tools to succeed.

Your new Associated Student Council and Superior Court are ready to serve you with great new ideas that will bring changes and improvements to our student community. To begin with, let me share with you our main goals for this upcoming year:

Communication and Exposure: Increase the effectiveness of on-campus advertising and outreach towards students through open forums, upgraded technology and campus mall events;

Facilities: Continue to support the learning commons, as the project evolves. We will reach out to the students, as well as the administration, in order to work towards the advancement of the PUB remodel and the creation of an Inter-

faith space;

Students: Focus on the health and well-being of our students. We will seek out ways to improve the inclusivity of our diverse student population;

Riverpoint Campus: Continue to partner with the Associated Student of Washington State University at the Riverpoint Campus in order to assess and evaluate additional student service needs. This review will include, but is not limited to; the review of childcare services, the availability of a fitness center and student activities;

Student Representation (Causes): Continue to lobby against tuition increases and protect the sustainability of financial aid by ensuring the EWU student voice is heard through student representation at the Washington State Capitol.

Also, I have a challenge for you. Do something with us! Spend some of your spare time in the morning at the climbing wall. Go on a rafting trip with EPIC. Enjoy the concerts and speakers in the mall. Join a club. Participate in a community service project. Get involve in committees, so you can also voice our students concerns and needs. Cheer the Eagles on to a second national championship! Or why not run for office!

It is an honor for ASEWU and me to help you to achieve your goals and represent you this year. We look forward to building a community full of knowledge, awareness, traditions, unity, and diversity. Please feel free to contact any of us if you have any questions or concerns! Visit <http://www.ewu.edu/asewu>. xml

Sincerely,

Kaleb Hoffer
ASEWU President



Hoffer

EWU President Arévalo 'inspires the future' with Learning Commons

I would like to extend a big welcome to Eastern Washington University for the 2012-13 academic year! Whether you are a new or returning student, you are part of the largest student body to ever walk on campus.

Hopefully you had a chance to enjoy your summer break, but I am sure many of you worked hard to prepare for the school year. Eastern has also been working hard to make your college experience both successful and memorable.

Last Spring, Eastern kicked off a new five-year strategic plan, "Inspiring the Future." This simple roadmap points us in the direction we want to take the university.

While many students might wonder how a strategic plan impacts them, I am excited to tell you the number one goal in the plan is student success.

Our first year action plan – which we are already implementing – includes strategies on how to improve student retention and graduation rates and increase your access to key support services.

One example is the new Learning Commons, which you can now see on the first floor of the JFK Library. This is one of the cornerstones of EWU's efforts to help students. The commons centralizes essential student support services, while also giving students from different disciplines the opportunity to enhance their skills and work together in a way they never could before on campus.



Arévalo

My vision is for the commons to become a place where your entire learning career at Eastern will be supported, allowing you to move seamlessly between services.

On a smaller scale, the university's efforts to help students resulted in new signage around campus, which you may have already observed.

The signs are placed along key pathways and will help point you in the right direction. This should be especially helpful to our new students and all of our visitors.

You might also notice the main academic building, Patterson Hall, is starting to look like a finished product. There is still a lot of renovation work to do on the inside, and EWU is happy to say construction is still on schedule as we look to reopen Patterson in the winter of 2014.

Finally, I encourage you to enjoy your Eastern experience.

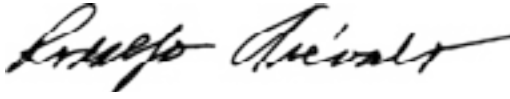
Join a club, attend one of the many campus activities and support our hard working athletic teams.

The start of the academic year is a fresh start, and as we like to say at Eastern, it is a great time for each of you to start something big.

Have a great year!

Sincerely,

Rodolfo Arévalo, PhD
President



THE HISTORY OF EASTERN IN PICTURES



Photo courtesy of EWU Libraries, Archives and Special Collections

The Cheney State Normal School football team poses on the steps of the gutted normal building in the fall of 1912. A fire destroyed the building, but classes moved into the training school, located where the lawn is between Showalter and Sutton Halls. The team had temporary locker rooms since the gymnasium was destroyed by the fire in April 1912.

ASEWU:

continued from page 4

ASEWU is also working to follow through with increasing the library's hours, a pilot project that started last spring.

Hoffer said he hopes to see the library open 24 hours a day.

"Whether that's four days a week, five days a week, seven days a week, I don't know yet," he said. "But it isn't as expensive as we thought it would be, so we think we can swing that. Again, we've got the administration to back us on this."

In addition to the library, ASEWU has also set goals for improving the PUB, one of which is to provide an interfaith space for the university's faith-based groups.

"[It] was really a hot

topic when it came to election time, and so we made a promise to the students that we're going to make that happen. We're now identifying a room in the PUB that we can convert into that, and as executives, we met with administration to get them on board, and they fully support us," Hoffer said.

They hope to have that space sanctioned by the end of the school year.

ASEWU also already managed to put the PUB's remodel on the university's master plan.

"People have made attempts to accomplish that goal, but no one's gotten any real traction. This year we sat down with administration and said, 'This is what our students want,'" Hoffer said. "We've got the university administration behind us, and so we hope

to, at the very least, have an idea of where the PUB remodel is going to go in the next few years."

Students

Reflecting the desire to increase communication, ASEWU plans to "seek out ways to improve the inclusivity of our diverse student population."

"We want to provide open forums," Hoffer said.

"We want to have more interaction with the students. I mean, I'm a fan of data and surveys and all that, but I'm a real big fan of just open communication and hearing from the students directly what they want, just so I'm armed with knowledge and my team is armed with knowledge."

Accessibility to students is something Harrell wants to work to improve the experience at the Riverpoint campus.

ASEWU wants to continue to work to improve the experience at the Riverpoint campus.

Providing a recreation facility, most likely through means of a discounted contract with a gym in Spokane, is an idea they want to keep working on. They also are looking to provide childcare and increase events for students on the

Riverpoint campus

Both Hoffer and Harrell feel confident and excited about this year.

"We have an awesome team. Everyone's really determined to get things done," Harrell said. "We're already accomplishing some of our goals, just the smaller ones. [We're] just growing momentum, and I'm excited to accomplish the bigger ones too."

Ghana:

continued from page 5

felt sick being in America because of all the things we have and just questioning how we got the opportunity to have electricity, etc."

Regardless of their feelings upon returning home, the three agreed that they could see themselves returning to Ghana in the future and although they are satisfied with the work they did, they feel like there is still more to do.

"I am very happy to go there, and I would like to go back in the future. However, whenever I learned new things in Abomosu, I recalled my experience in Cambodia and I realize my heart is in Cambodia," said Horio.

"I was satisfied with the work we did such as interviewing villagers about water, but I wish we did more disability learning and hands-on activities in the rehab centers," said

Kaplan. "In Begaro, we cleaned but I wanted to job shadow the SPED [special education] teacher and see how they are educating parents. Luckily, during our break I decided to go job shadow for myself and help the [special education] teacher by explaining what knowledge I had and was able to help a mother and a child."

"One village told us that they had about 300 Cedis [\$150] in their account for borehole maintenance, and I had more than that in my purse just for souvenirs," said Baasch. "I had more money with me for gifts than a whole village had to maintain their water source. That was sad and shocking to me. So yes, there is still work to be done."

"I could definitely see myself going back to Ghana or anywhere in Africa. I would love to go back and see all the amazing people I met, and try to do more for these people who really need it."

Riverpoint campus.

"We've been in contact with ASWSU [Associated Students of Washington State University] down there, and they're really on board to work with us this year," Harrell said.

Harrell will also be holding office hours at the Riverpoint campus as a way to improve accessibility.

"We'll have people down there able to talk to the students," she said.

Student Representation

Last year ASEWU members felt their lobbying efforts in Olympia helped show legislation the importance of funding for higher education. This year they plan to continue fighting budget cuts.

"We were successful last year when we didn't

have any cuts to higher [education], but that was in the middle of a biennium year," Hoffer said.

This year marks the beginning of a new biennium budget cycle, so cuts are going to be an issue for higher education.

"The beginning of a budget cycle is really where cuts are looked at in order to balance the budget. We're just trying to show the state that we need this money and we do care, and they can't do that to us," Hoffer said.

Harrell said it helps that the Washington Student Association President Shelby Pelon also serves as legislative affairs representative for ASEWU.

She said that collaboratively they plan "to make sure that Eastern's voice is heard over in Olympia this winter."

Both Hoffer and Harrell feel confident and excited about this year.

"We have an awesome team. Everyone's really determined to get things done," Harrell said. "We're already accomplishing some of our goals, just the smaller ones. [We're] just growing momentum, and I'm excited to accomplish the bigger ones too."

SPORTS

Club hockey prepares for two new leagues

New head coach Olson brings wisdom to team

By Josh Friesen
SPORTS EDITOR
easterner.sports@gmail.com

When senior Jake Schroeder created the hockey club in 2010, he set his goals high. Three years later, he has achieved one of his biggest goals: the hockey club is now recognized as a member of the American Collegiate Hockey Association.

Although Schroeder, who is president of the club as well as a player, managed to get the club recognition, he said he wants to continue to increase the expectations for the club.

"When I first started this club, I really did set my goals really, really high," Schroeder said. "I feel like it's kind of a never-ending thing though. I'm more worried about bringing the team to the next level than being satisfied with where I'm at."

Because this is the team's first year in the new league, they are not able to compete in the postseason. There is a mandatory one year probation for new teams. However, Schroeder was able to join a different league: the National Association of Intercollegiate Hockey. Much smaller than the American Collegiate Hockey Association, the National Association of Intercollegiate Hockey will allow Schroeder and his team to compete in the postseason.

The National Association of Intercollegiate Hockey is divided up into

conferences. Schroeder and his team are in the Northwest Conference. Montana, Central Washington, Portland State, Western Washington and Idaho are also in the conference. At the end of the season, every team in their respective conference will compete in a tournament. The Northwest Cup, which Eastern will host in March, is the tournament for the Northwest Conference.

"As of right now, NAIH is more important," Schroeder said. "Both [leagues] are important, but we're a little bit more focused on the Northwest Cup. We've got something to play for."

Playing in two new leagues is not the only thing the club needs to get used to. The team brought in Chadd Olson as head coach. According to Schroeder, the team picked Olson because of his intensity and dedication.

"He loves Eastern hockey," Schroeder said. "There's a second Eastern team ... and he helped coach a little bit with the other team. So he's very passionate about the program."

Schroeder said Olson is a strict coach that will expect a lot out of the team.

"We want a coach that pushes us to the next level and that's what Chadd does," Schroeder said.

According to Olson, he wants a team that will show up and play hard on a consistent basis. Olson said in



Photo by Dylan Paulus

Club hockey players practice for their home opener against the Montana Grizzlies on Sept. 28.

previous years the hockey club was a little unorganized and that some players would practice when they wanted and could not be counted on for showing up on time. Olson expects that to change on his watch.

"I don't want guys showing up when they want to," Olson said. "You need to be there on a consistent basis or you won't play."

Olson said that he wants to focus on running practices that will not only get the team prepared for games but will also keep them conditioned and in shape.

"I run very, very intense practices," Olson said. "I will be doing a lot of systems and game mentality stuff and power plays and special teams and stuff like that to kind of get us ready for the game."

Kyle Budz, who has been the assistant coach for a year, is a graduate student at Gonzaga. Budz is excited to play in two new leagues. He has high hopes for the team and thinks they have the opportunity to earn themselves some recognition.

"We have some veterans

that are coming back this season and towards last season they improved quite a bit," Budz said. "I'm kind of expecting them to step up right from the start of this year."

The team opens their season at home on Friday, Sept. 28 against Montana. The coaches will use this game as a way to see what their players do in a real game situation. For coach Olson, he is looking for special players that can make an impact.

"I would be looking at guys that work hard [and]

guys that are coachable," Olson said. "I'll be looking for guys that are not taking any shifts off. ... I want to have young adults that represent our college in a professional manner."

Coach Olson said that this year's team will take itself seriously and that they are aiming high.

"We're going to really try to make a name for us," Olson said. "At the beginning of the year you're going to see a team and by the end of the year that's going to be a whole different team. I can guarantee that right now."

Freshmen runners showcase their ability

Coach Zeller praises his runners for their smooth transition

By Amye Ellsworth

STAFF WRITER
amyee Ellsworth@gmail.com

The Eastern cross country team is looking to build upon the already promising showing they have made during their first two meets of the season.

Freshmen Berenice Penaloza and David Thor were the top runners for the team at the Clash of the Inland Northwest, which was held at Mead High School in Spokane on Sept. 3. Thor came in at a time of 19:23.9 for the men's 6,000 meter course, and Penaloza finished the women's 4,000 meter race in a time of 15:33.9. They placed 22nd and 19th respective-

ly, a strong finish for the first races of their college careers.

Both Thor and Penaloza also came out strong for the Sundogger Invitational, held in Seattle on Sept. 15. The race was longer, 8,000 meters for men and 6,000 for women, but Penaloza still came in 39th place with a time of 23:10.22. Thor placed 19th overall with a time of 24:55.74.

Eastern has a young running team, but head coach Chris Zeller believes they are off to a good start. "These early meets are really all about getting experience," Zeller said. Adapting from the high school to college level can take some adjusting. In high school, races are most commonly 5,000 meters, but in college the distance is generally 8,000 meters for men.



Thor

"[Thor] has adapted really well to 8K. It's a bit of a change and it takes a while to learn, but David's done a nice job of making that adjustment. Because it is a young team, these early meets are really all about getting experience, especially for freshman," Zeller said.

Thor admits, "I'm still learning a lot," but he has also discovered his own ways of preparing for a race. "The night before I always eat spaghetti. During warm-ups on race day, I focus on keeping my mind clear. I think calming myself is what really helps me do well."

Penaloza has strategies of her own, which include listening to her iPod to pump herself up before a race, as well as jogging the course with the team the day before the meet. "It's good to visualize your strategies for each mile," Penaloza said. Race strategies can become complicated, and as Zeller explains, it is necessary for his runners to "break down races into pieces so

they can see if they're being slow or running evenly. You might feel like you maintained but in reality it was thirty seconds slower."

According to Thor and Penaloza, running is all about pushing yourself to be faster and learning to overcome the mental fatigue that accompanies physical exertions. In order to be physically prepared for the season, the runners train year round. "It's harder because you don't have the coach or your teammates. It's all individual, and it's about how focused you want to be and how much you want to put in. It's really up to you." Penaloza said about off-season training. Being physically ready for the season requires great mental focus, something Penaloza admits she is working



Penaloza

on. "Personally, I think a lot of it is mental. We've been doing the training and doing the work. It's all there, so I have to push myself harder mentally."

Coach Zeller seemed confident that he has a team who can push themselves both mentally and physically. "Kids are motivated through hard work. The group we have right now is pretty hardworking," According to Zeller, the practices can be fairly grueling. "Kids go out and run in some cases up to 100 miles per week, and then they're doing other stuff beyond that like weights or core," Zeller explained.

The team hopes to progress and build throughout the rest of the season. "In everything we do, we talk about progression," Zeller said. There will be two more opportunities for competitive racing this season before the Big Sky Conference Championships are held in Flagstaff, Ariz. on Oct. 27.

Tennis coach Haworth has high hopes for senior Koetje

Newcomers shine in EWU Fall Classic

By Shane Moses

STAFF WRITER
shazaminc2006.sm@gmail.com

The Eastern men's tennis team geared up for the start of their 2012 fall season as they hosted the EWU Fall Classic this weekend in Cheney.

The Eagles opened their campaign in a three-day tournament that ran from Sept. 21 to Sept. 23 at the EWU Sports and Recreational Outdoor Tennis Courts.

Kyle Koetje started his senior season with a win over Montana's Semion Branzburg in three sets, 6-1, 5-7, 6-3 to put him in the round of 16 for the red flight. Koetje's tournament would come to an end in his next match as he lost against the number one seeded Alvaro Nazal 6-1, 6-1 of Gonzaga.

Freshman Eduardo Bringold made a statement as he ended up making it all the way to the championship match in the flight where he

faced Idaho's Matt Oddenet. Bringold lost in the final in two sets 6-3, 6-3.

The Fall Classic featured some stiff competition from

teams all over the Pacific Northwest. The Eagles welcomed a trio of regional rivals with Idaho, Gonzaga and Seattle University as well as Big Sky rivals Montana and Portland State.

The tournament hosted almost 50 individuals competing in singles and 23 teams in doubles. For the singles competition, there were two flights, a red and white. For the doubles there was only one flight, and there was a consolation bracket for both singles and doubles.

"This fall is just about getting as many matches and playing experience in as possi-

ble before we actually start the regular season in January," said EWU head coach Darren Haworth. "I expect our team to be competitive at the top of the Big Sky as always."

Eastern had four players competing in the red flight, and three players competing in the white flight, with three doubles teams as well.

This season, the men's team welcome six newcomers: four freshmen and two sophomores transfers. The Eagles feature one of the youngest teams in the Big Sky.

The only player on the team with Eastern match experience is three-year letter winner Koetje. The lone senior from Arlington, Wash., had a 6-2 record in Big Sky play last year and an overall record of 10-8.

"My expectations for Kyle this year is to be a leader and continue to be the hard worker he has been," said Haworth. "We have some very talented players on this team."



Photo by Aaron Malmoe

Senior Kyle Koetje is the only senior on a team with freshmen and sophomores.



HOME OPENER SATURDAY 9/29

vs. TRI-CITY AMERICANS

Come cheer on the Chiefs as they kick off the 2012-13 season.

DISCOUNT AVAILABLE WITH STUDENT ID

Sponsored by:



Game Time: 7PM

For Tickets Call 509.535.PUCK



By Peter Sowards
STAFF WRITER
packerfan4life@gmail.com

Eagles hold off Weber State to win

By Peter Sowards
STAFF WRITER
packerfan4life@gmail.com

"This has been more of a battle than people think," said EWU head coach Beau Baldwin of the competition between Adams and Padron. "I was proud of both quarterbacks tonight. Vernon was doing some great things in the first half and then he was fighting cramps in the second half. Kyle stepped in and made a lot of huge throws."

Mum is the word so far from Baldwin as to who will



When Chris returned to the United States

"It would be a dream career to work within the collegiate setting as a coach or administrator," Hammer said. "I'm just trying to make a

Born without a left hand, Hammer didn't let his disability get in the way of his dreams, nor did he use it as an excuse. "I don't really think I overcame any odds. I never grew up thinking I was at any disadvantage. I'm fortunate to have these opportunities. What my parents always told me was, 'Hard work is the only thing that matters and trying your best and if you do that good things are going to happen.' My advice is don't give up and take advantage of any opportunities that come your way."



Photo by Aaron Malmoe

Kyle Padron started the first two games for the Eagles and has a 48.08 completion percentage this season.

"I liked the fact we start-

After being down by as many as 18 points, Weber State made a game of it late and was within six points on their own 14 yard line with

Eastern returns to Cheney for their home opener on Sept. 29 against

Paintball comes to EWU campus

By Shane Moses
STAFF WRITER
shazaminc2006.sm@gmail.com

"I like the sound of it. I know I would totally use it," said Cameron Siekawitch, a senior at Eastern. "I definitely think it could be a hit."

People participating in paintball are strongly recom-

can show up and join in," said Campitelli. "Down the road, we'll go in the more formal league direction and will have men's, women's and coed team play and tournaments."

EASTERN WASHINGTON
UNIVERSITY

FOOTBALL

2012

SCHEDULE

8/30	at Idaho
9/8	at Washington St.
9/22	at Weber St.
9/29	Montana
10/6	North Dakota
10/13	at Montana St.
10/20	Sacramento St.
10/27	at Southern Utah
11/3	Cal Poly
11/10	UC Davis
11/17	at Portland St.

W/L SCORE

W	20-3
L	24-20
W	32-26
.....
.....
.....
.....
.....
.....
.....
.....

Fear the

defenses

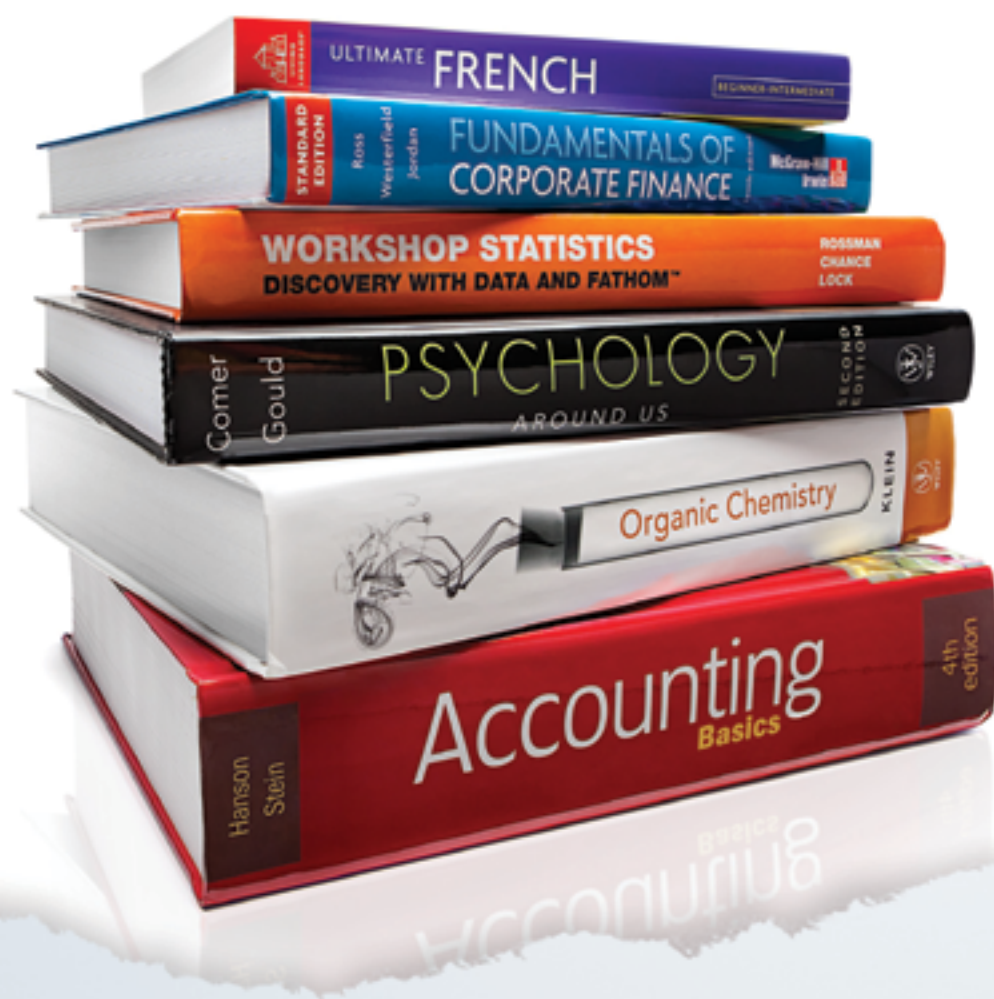
ROOS FIELD - CHENEY, WASH.

@EasternersSports

Follow us on Twitter @EasternerSports for Eastern sports updates. You won't regret it.

**PINCH
YOUR
PENNIES
THEY WON'T CRY**

amazon



**RENT
TEXTBOOKS
FROM AMAZON**

SAVE UP TO 70%